

# Imtac Factsheet 2

## Planning Your Journey

### What you need to know

- Even with the shortest journey you need to be sure the whole journey is accessible to you
- It is worth taking time to plan your journey before you set out

### Things to think about

- Are buildings and vehicles accessible to all stages of your journey
- Think about what time you travel, for example buses may be in rush hour
- Allow yourself plenty of time on the day you travel
- If pre-booking let the transport provider know about your travel needs
- Think what assistance you might need during your journey
- If you own a guide or assistance dog, check what facilities the transport company has to make your journey easier
- Think about practical things like toilet facilities and catering facilities
- Think about what insurance you might need
- If a journey goes well don't forget to give good feedback and compliments